Strategic Plan

Improving the System of Support for Children, Youth and Adults with ASD and Their Families in York Region

April 16, 2010

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1. Preamble

Autism Spectrum Disorder is one of the most common developmental disabilities. In Ontario, there is an estimated 70,000 individuals with ASD. Yet most of the public, including many professionals in the medical, educational and vocational fields, are still unaware of how autism affects people and how they can effectively work with individuals with autism¹.

Approximately 1 in 125 individuals are purported to have an Autism Spectrum Disorder². With a population of 1,032,000 as of Dec. 31, 2009 (and expected to rise to 1,195,000 over the next ten years³), there are over 8,300 individuals with ASD currently living in York Region. This includes approximately 1,660 children with ASD aged 0-14 years; 1,100 youth aged 15-24 years; and 4,600 adults aged 25-64 years.

In Canada, research indicates that children with disabilities, which includes children with ASD, are five times more likely to be abused than the general population⁴.

This strategic plan is driven by a bold dream – for children, youth and adults with ASD to live to the full potential of their lives at home, at school, at play and at work.

Our aim is high but not unachievable. It was only twenty-five years ago that section 72 of the *Child and Family Services Act* (CFSA) made it a requirement for any person with reason to believe a child had suffered or was about to suffer physical harm, sexual molestation or sexual exploitation to report to the *Children's Aid Society*. Today, most of us cannot imagine doing otherwise; nor are we at a loss for knowing exactly what to do should we become aware of a child in need of protection. And yet, before it was proclaimed in legislation in 1985, many horrible cases of child abuse slipped through the cracks because, as a society, we were uncertain what we should do or what our individual responsibilities were.

It is transformation of that same order that we are striving for in this strategic plan. It is bold – but it is far from impossible.

2. Introduction

This strategic plan is the result of a long effort to improve the system of support for children, youth and adults with ASD and their families in York Region. Beginning in 1973 when *Autism Ontario* was established (then called the *Ontario Society for Autistic Children*), and as programs were added over the years, children the families of children with ASD had to make their way through a confusing and complicated network of agencies – for which access and criteria for service was not always clear.

In 2008, the York *Region Dual Diagnosis and Autism Spectrum Disorder Service System Working Group* partnered with the *Autism Action Committee* and *Autism Ontario York Region* to host two planning days to discuss ways to improve the system of support. About 80 parents, service providers and decision-makers attended the planning days, held on March 25 and April 2, 2009. The participants' vision for the system of support included the following elements:

¹ From the Autism Ontario website page: "What is Autism" http://www.autismontario.com/client/aso/ao.nsf/web/ASD+1?OpenDocument

² Centres for Disease Contro, 2009; Baron-Cohen et al., 2009

³ York Region Planning and Development Services Department

⁴ National Clearing House on Family Violence

- A network model of service;
- Parents and families as partners;
- Individualized planning;
- Stream-lined responses;
- Technology to coordinate and communicate;
- Evidence-based practices;
- A comprehensive continuum of 24-7-12 care with lifelong supports;
- Asset-based approaches;
- Increased public understanding of ASD;
- Elevated knowledge /training across all sectors and professions;
- Horizontal coordination of provincial ministries at the local level; and.
- A sustainable, resourced infrastructure for planning at the local level.

The participants agreed on five goals they would work on together:

- 1. No wrong door; any door leads families to the appropriate resource and action for their family member autism.
- 2. Knowledge, training and awareness; evidence-based practices.
- 3. Coordinated plans of care; individualized and single plans of care (SPOC).
- 4. Partnering and accountability; sustainable, resourced infrastructure for planning.
- 5. Continuum of services.

Following the two planning days, the ASD Action Implementation Group was formed to establish an implementation plan and a formal collaborative partnership to achieve the ASD vision, strategic directions and goals.

3. The Strategic Plan

The *Implementation Group's* first step was to refine the goals from the planning days and develop logic models. From that work four overarching goals for the strategic plan were developed. Three goals are targeted at directly improving programs and services while the fourth goal builds a sustainable infrastructure so that the work can continue over the longer term in a collaborative way.

Always, at the core of our work together, are the children, youth and adults with ASD.

The four goals of the strategic plan can be illustrated in the following way:



Each of the four goal areas has strategic actions that, when addressed, will ensure achievement of the goals. In total, ten broad strategies have been identified and 46 strategic actions detailed. While each strategic action addresses a specific issue, they all complement and overlap with each other.

The following chart summarizes the goals, strategies and strategic actions. Details are provided in Appendix A.

Goal # 1 Coordinated Access	Goal #2 Knowledge and Awareness	Goal # 3 Continuum of Coordinated Services	Goal # 4 Infrastructure
Any door leads families to the appropriate resource and action for their child with autism.	Provide opportunities to increase knowledge and awareness about ASD among physicians, service providers, parents and the general public.	Provide coordinated and individualized plans of care, including more frequent use of electronic single plans of care (SPOCs).	Formalize partnerships, strengthen collaborative capacity and increase transparency and accountability across the system of support.
 The public and families know where and how to get information about ASD and services to meet the needs of children, youth, adults and their families. 1.1. Partnering with 211. 1.2. Offering web and phone access to information. 1.3. Providing a directory of providers, services and programs. 1.4. Providing access to quick knowledge for short-term support. 1.5. Providing information about ASD at every point of access. 1.6. Continuing to dialogue with the Ministries of Child and Youth Services (MCYS), Community and Social Services (MCSS), Health and Long- term Care (MHLTC), Education (MoE) and inter-ministerial committees that have been struck at the provincial policy level. 2. Families experience a simplified assessment processes and navigation of the system is easier. 2.1. Supporting parents when they are navigating the system. 2.2. Coordinating joint training for intake workers. 2.3. Clarifying screening tool protocols. 2.4. Providing the best and most up-to-date screening tools. 2.5. Developing crisis intervention responses and protocols. 2.6. Following a system-wide, common protocol for assessment. 2.7. Providing school-aged assessment protocol. 	 Physicians know more about ASD and how to help their patients and their families. 3.1. Providing 0-18 month development package about ASD for physicians. 3.2. Providing training on screening tools (i.e. ERIK, Red Flags) to physicians. 3.3. Sharing information about ASD and ASD/DD at rounds. 3.4. Developing a map of access points and gateway agencies as a physician's resource. 3.5. Linking physicians training initiatives with the work of the ASD Implementation Group. 4. Service providers know more about ASD and how to help families. 4.1. Developing a Red Flags for School- age Children. 4.2. Creating an inventory of training opportunities. 4.3. Providing cross-sectoral working and training opportunities for service providers. 4.4. Providing joint parent and professional development on successful collaboration. 4.5. Using evidence-based knowledge to inform practices. 4.6. Developing a curriculum for integrated, transdisciplinary work teams. 	 Families receive services from providers that are integrated, needs-based and, when considered as a whole, are coordinated plans of care. 7.1. Agreeing to a common approach for a coordinated continuum of care. 7.2. Informing common approaches through specialized knowledge transfer. 7.3. Providing more family resources for navigation and advocacy. 7.4. Building on Children's Treatment Network's integrated team and approach, testing ways to coordinate or reconfigure resources to deliver a single plan of care (SPOC). 8. Families have access to a range of flexible, convenient and comprehensive 24-7-12 lifelong services to support them as their child grows up. 8.1. Developing comprehensive pathways and road maps for families. 8.2. Identifying duplication, gaps, roles and capacity within the current system. 8.3. Refining the funnel. 	 ASD Partnership Committee assumes leadership and maintains the focus on implementing all aspects of the strategic plan. Building collaborative relationships among service providers. Developing an on-going forum of parents and service providers. Linking and aligning ASD planning with other planning tables, activities and initiatives at the local and the provincial levels. Communicating progress and new developments with families and the broader community.

 Parents can identify ASD in their child more quickly and they can easily access information about local services and programs that can help. Revising the Healthy Babies/Healthy Children information to include ASD. Providing local resources about ASD and systems of support for families. Developing pathways and road maps for parents who have just received a diagnosis. Raising awareness through media campaigns and presentations to the general public. The system continuously monitors, evaluates and improves its policies and practices so that children, youth and adults with ASD in York Region are provided with the best supports possible. Reviewing other models in and outside York Region (i.e. DD, CTN). Identifying promising change management models. 	 Families are supported during transition from one developmental age to another, including into adulthood. 9.1. Increasing the system's capacity to provide person-centred planning. 9.2. Strengthening protocols and resources during transitional stages. 9.3. Securing funding for adult services. 	

4. Roles and Responsibilities

With 46 action strategies and many players involved in the implementation of the strategic plan, it is important to manage roles and responsibilities so that duplication and gaps are minimized.

Most significant is the role and responsibilities of the *Partnership Committee;* it will be the "glue" that holds everything together and drives the plan forward. Specific responsibilities include:

- Build collaborative relationships among service providers. (10.1)
- Develop an on-going forum of parents and service providers. (10.2)
- Link and align ASD planning with other planning tables, activities and initiatives at the local and the provincial levels. (10.3)
- Communicate progress and new developments with families and the broader community. (10.4)

At the outset, it will be important to link with the *Coordinated Access Working Group* (accountable to the *Planning Forum on Children, Youth and Families*) and establish a sub-committee to focus on ASD access. That sub-committee will carry responsibilities related to the following action strategies:

- Partner with 211. (1.1)
- Provide information about ASD at every point of access.(1.5)
- Support parents when they are navigating the system.(2.1)
- Develop crisis intervention responses and protocols. (2.5)
- Develop pathways and road maps for parents who have just received a diagnosis. (5.3)
- Develop common approaches by sharing a basic information framework.(7.1)
- Inform common approaches through specialized knowledge transfer. (7.2)
- Provide more family resources for navigation and advocacy. (7.3)
- Develop comprehensive pathways and road maps for families. (8.1)
- Increase the system's capacity to provide person-centred planning.(9.1)

Another important community-wide initiative for implementation of the ASD strategic plan is 211 (free, confidential, multilingual access to information for community, social, health and government services). The following action strategies will link implementation success with 211 in York Region:

- Partner with 211. (1.1)
- Offer web and phone access to information. (1.2)
- Provide a directory of providers, services and programs. (1.3)
- Provide access to quick knowledge for short-term support. (1.4)
- Provide information about ASD at every point of access. (1.5)
- Support parents when they are navigating the system. (2.1)
- Develop pathways and roadmaps for parents who have just received a diagnosis. (5.3)
- Agree to a common approach for a coordinated continuum of care. (7.1)
- Provide more resources for navigation and advocacy. (7.3)
- Develop comprehensive pathways and roadmaps for families. (8.1)

The action strategies, as detailed in Appendix B, propose the establishment of seven work groups. These work groups can be formalized or more loosely structured but they should be comprised of the people who have the knowledge or the position to bring resources to the table.

Groups can work independently using email and online meetings or part of the regular meeting of the *Implementation Group* can be set aside for work group discussions.

The seven work groups and their responsibilities are summarized in the following table:

Directory Work Group

- Provide a directory of providers, services and programs. (1.3)
- Develop a Red Flags for School-age Children.(4.1)

- Provide information about ASD at every point of access. (1.5)
- Support parents when they are navigating the system. (2.1)
- Develop a map of access points and gateway agencies as a physician's resource. (3.4)
- Develop pathways and road maps for parents who have just received a diagnosis. (5.3)
- Agree to a common approach for a coordinated continuum of care. (7.1)
- Inform common approaches through specialized knowledge transfer. (7.2)
- Build on Children's Treatment Network's integrated team and approach, testing ways to coordinate or reconfigure resources to deliver a single plan of care (SPOC). (7.4)
- Develop comprehensive pathways and road maps for families. (8.1)
- Refine the funnel. (8.3)

Professional Development Work Group

- Coordinate joint training for intake workers. (2.2)
- Create an inventory of training opportunities. (4.2)
- Provide cross-sectoral training for service providers. (4.3)
- Provide joint parent and professional development on successful collaboration. (4.4)
- Use evidence-based knowledge to inform practices. (4.5)
- Develop a curriculum for integrated, transdisciplinary work teams. (4.6)
- Inform common approaches through specialized knowledge transfer. (7.2)
- Increase the system's capacity to provide person-centred planning.(9.1)

Assessment and Screening Work Group

- Clarify screening tool protocols. (2.3)
- Follow a system-wide, common protocol for assessment. (2.6)
- Build on Children's Treatment Network's integrated team and approach, testing ways to coordinate or reconfigure resources to deliver a single plan of care (SPOC. (7.4)
- Strengthen protocols and resources during transitional stages. (9.2)

Physician Support Work Group

- Provide 0-18 month development package about ASD for physicians. (3.1)
- Provide training on screening tools (i.e. ERIK, Red Flags) to physicians. (3.2)
- Share information about ASD and ASD/DD at rounds. (3.3)
- Link physician's training initiatives with the work of the ASD Implementation Group. (3.5)

Communications Work Group

Raise awareness through media campaigns and presentations to the general public. (5.4)

Tracking and Best Practices Work Group

- Track trends to inform system design. (6.1)
- Review other models in and outside York Region (i.e. DD, CTN). (6.2)
- Identify promising change management models. (6.3)
- Design and redesign protocols that improve the system. (6.4)

Website Information Coordinator

Many of the strategic actions require service providers to contribute and share information on consolidated information sites. A website information coordinator for each service provider should be identified and have responsibility for updating and keeping information current for the following strategic actions:

- Offering web and phone access to information. (1.2)
- Providing a directory of providers, services and programs. (1.3)
- Creating an inventory of training opportunities. (4.2)
- Providing cross-sectoral training for service providers. (4.3)
- Providing local resources about ASD and systems of support for families. (5.2)
- Refining the funnel. (8.3)

5. Implementation Plan

The implementation of the ASD strategic plan will occur in a multi-dimensional way. While there is some sequencing of the 46 action strategies proposed, for the most part, they will occur in parallel. It should also be noted that as the environment changes as a result of the implementation of earlier action strategies, the specifics of subsequent action strategies may need to be adjusted.

In general terms, there will be three phases of implementation.

1. Disseminating and Resourcing the ASD Strategic Plan:

- Provide copies of the final ASD strategic plan to the broader community through printed copies and PDF format on the Autism Ontario York Region website;
- ✓ Convene participants of the two planning days held in 2009 to provide an overview of the plan;
- Meet with key leaders and decision-makers in York Region to provide an overview of the plan and request their support;
- ✓ Transition the existing ASD Implementation Group into a fully functioning Partnership Committee;
- Develop memorandums of understanding and orientation to the strategic plan with participating partners;
- Meet with key leaders in the Ministries of Child and Youth Services (MCYS), Community and Social Services (MCSS), Health and Long-term Care (MHLTC) and Education (MoE) to provide an overview of the plan and request their support;
- ✓ Pursue funding opportunities such as Autism Speaks Family Service Grants 2010; and
- ✓ Ensure a website coordinator is identified for each service provider partner.

2. Aligning with existing and on-going initiatives in York Region:

- Establish linkages with two of the primary initiatives identified in the actions strategies:
 - Coordinated Access Working Group; and
 - 211 York Region.
- Look for quick wins with existing resources and partnerships:
 - ✓ Provide the best and most up to date screening tools (2.4)
 - ✓ Connect with Dr. Sullivan and Surrey Place to provide training on screening tools (i.e. ERIK, Red Flags) to physicians. (3.2)
 - Connect *Physician Support Group* with Autism Ontario and Regional Autism Programs of Ontario Network (RAPON) to link physicians training initiatives with the work of the ASD Implementation Group. (3.5)
 - ✓ Connect Directory Work Group with Early Identification Working Group to include ASDspecific content in the Red Flags for School-age Children. (4.1)
 - ✓ Connect with York Region Public Health staff too include ASD information in Healthy Babies/Healthy Children information package. (5.1)
 - ✓ Mapping and Pathways Work Group uses funnel and other resources to develop map of access points and gateway agencies. (5.3 and 8.3)
 - ✓ Establish a sub-committee of the Coordinated Access Working Group to focus on ASD access. (7.3)
 - ✓ Build on Children's Treatment Network's integrated team and approach, testing ways to coordinate or reconfigure resources to deliver a single plan of care (SPOC). (7.4)

3. Resourcing and organizing for longer-term action strategies:

- Establish all seven working groups;
- Monitor, evaluate and revise.

See appendix B for details of implementation by action strategy.

6. Monitoring and Evaluation

An important factor in the success of any strategic plan is an intentional and thoughtful review of its implementation. Not only is the review necessary to measure achievement towards goals, it is also important to monitor and evaluate for course correction.

As noted previously, the 46 action strategies are interrelated; as goals are achieved in short-term action areas, the environment will change and subsequent actions may need to be adjusted. The monitoring and evaluation process has been developed with the objective of putting in place a relatively simple process, but also one that allows the planning partners to reflect and course correct.

Templates for monitoring and evaluation are included in Appendix C.

7. A Note on Collaborative Capacity

There is increasing acknowledgement that when parents, service providers and decision-makers are working collaboratively together, the end result is a stronger "systems approach" that can better meet the needs of children, youth and adults with ASD. In reality, collaboration can be a difficult process.

The *Wilder Institute* has been conducting research on the successful elements of collaboration since 1992. They have developed twenty factors of successful collaboration, grouped into six categories:

- Environment;
- Membership;
- Process and Structure;
- Communication;
- Purpose; and
- Resources.

Members of the *Implementation Group* completed a survey tool, developed by the *Wilder Institute* and based on the twenty factors of success in December, 2009. The survey results indicated collaborative assets were strong in purpose and overall membership, but people were concerned about the availability of resources to guide the collaborative process and having the decision-makers on board. Appendix E provides a summary of the survey results.

It is recommended that the collaboration survey be conducted each year so the group can monitor changes in its collaborative capacity.

8. Case Studies

It has been said: "A plan without action is just a dream; action without a plan is a nightmare". The strategic plan for improving the system of support will only be a dream, or even a nightmare, if we do not succeed in improving the lives of children, youth and adults with ASD and their families in York Region.

In the following case studies, we look at real families (with their identities protected) and the ways their children, youth and adults will be able to live their lives to their fullest potential when the vision that we have for our system of support is fully realized.

Case Study #1: Liz

Liz is 15 years old and in a specialized grade nine classroom. Liz has problem controlling her behaviour and acts out a lot at school. When that happens, the school usually calls Mom and asks her to come and get Liz. Once Liz's behaviour was so disruptive and, when Mom couldn't be reached, the police were called and Liz was taken to hospital in handcuffs. Workers have made referrals to day treatment for Liz but there are no vacancies.

Liz's Mom has used only a few community supports because she does not trust them. Mom is getting increasingly frustrated with the school system's lack of ability to help her daughter and is contemplating filing a complaint with the Human Rights Tribunal.

When the strategic plan is fully implemented, the Liz and her Mom will not get to this point of crisis.

The school will partner with other service providers so that Liz has received coordinated assessment. School teachers and staff will be able to act in a more proactive way to recognize and manage Liz's behaviour; they will have received training in evidence-based practices. The school will know about other services, such as 310-COPE, they can call before they turn to the police. There will be improved communication between the school and the family.

There will be more opportunities for person-centred planning to meet Liz's particular needs. Liz's mom will get more support navigating the system and she will have better access to information and to a circle of support, such as parents peer groups and respite care.

Case Study #2: Megan and Tom

Megan and Tom Smith are a young couple with three children, two boys aged nine and six and a daughter aged two. Their oldest son has been diagnosed with severe ASD and their middle son is on a waitlist for a diagnosis. Tom has a steady but minimum wage job; Megan cannot work because she has back problems and suffers with chronic depression. Tom and Megan get by, but it is always a struggle.

The Smith's are currently receiving childcare subsidy and limited funding from Assistance for Children with Severe Disabilities (ACSD). They have received some respite support but, with Megan's depression, they need more.

Recently the speech support their oldest son was receiving stopped and they don't know why. Megan and Tom know they need more help with the care of their children but they don't know what they need, where to get it or how they will pay for it.

When the strategic plan is fully implemented, Megan and Tom will be able to get the information they need and they will have more support navigating the system.

There will be more support for Megan and Tom at planning tables; there will be better facilitation of their planning needs. As a result they will not be left wondering why their son's speech support was stopped, instead, they will be directly involved in their son's plan of care. They will have access to short-term support while they wait for a diagnosis on their middle son.

It will be easier for Megan to connect with other mothers of children with ASD so that she will not feel as alone and will be able to learn about the network of supports and services available to her and Tom.

Case Study #3: The Kandeepan's

The Kandeepan's moved to York Region from Sri Lanka six years ago. Their 17-year old daughter Ruvini often translates for the family because neither parent is proficient in English. Between their efforts to settle in a new country and to care for 13-year old Rajan, who is non-verbal and has ASD, the family often meets with workers from many different agencies.

The Kandeepan's feel very alone; they do not have any extended family living nearby. They have managed to apply to the Assistance for Children with Severe Disabilities (ACSD) and the Special Services at Home (SSAH) programs by having Ruvini interpret the family's needs to a worker. The family does not know anything about respite services, let alone how to apply.

The special education consultants at Rajan's school have referred him for Intensive Behavioural Intervention (IBI) but he is on waitlist. They are doing their best for him at school, but Rajan needs more support at home, in the classroom and in social and recreational activities.

When the strategic plan is fully implemented, the Kandeepan's will not have to wait six years to get the support they need for their son; they will be treated as whole family.

Rajan's parents will get more support navigating the system and service providers will work collaboratively together to support the Kandeepan's in a culturally appropriate way. Service providers in all sectors will have knowledge of the system of support for children with ASD and their families so that the Kandeepan's receive a "warm" reception and referral no matter where they access the system.

The Kandeepan's will find services that support Rajan at home, at school and in the community are coordinated. Rajan's plan of care will be directed by his family based on ongoing assessments of his current and transitional needs

Case Study#4: Kelly and Emily

Kelly is a single mom with a 7-year old daughter, Emily, who has ASD and a seizure disorder. Kelly is stressed out from working two jobs and constantly dealing with Emily's behaviour. Kelly recently lost the support she received for Emily from Early Intervention Services (EIS) and she has just learned that Emily is not eligible for Intensive Behavioural Intervention (IBI).

When Emily's special education consultant connected Kelly with Behaviour Management Services Simcoe/York (BMSYS), Kelly became frustrated with the consultative model. Kelly wants someone to come to her home and work directly with Emily.

Kelly is tired and discouraged. She loves her daughter very much, but wonders why all this had to happen to her.

When the strategic plan is fully implemented, Kelly will be able to get quick support to help her handle Emily's behaviour. She will be continuously communicating with Emily's Special Education Resource Teacher (SERT), her classroom teacher and staff and consultants from York Support Services Network (YSSN), BMSYS, and Kerry's Place.

Kelly will have a crisis plan with goals for Emily in place that has been developed in partnership with her service providers. And finally, Kelly will have a support network of other parents of children with ASD; she will know about and have access to respite car when she needs it.

Appendix A

Detailed Strategic Plan: Improving the System of ASD Support in York Region

Revised April 16, 2010

Goal #1: Coordinated Access

Any door leads families to the appropriate resource and action for their child with autism.

Strategic Actions

1. The public and families know where and how to get information about ASD and services to meet the needs of children, youth, adults and their families.

1.1 Partnering with 211.

As 211 becomes operational in York Region, coordinated access would be significantly improved if 211 directs families of children and youth with ASD to the right access points and pathways. These strategic actions propose a plan for partnering with 211.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Partnership Committee/Coordinated Access Working 	• 211 knows the goals of the <i>Partnership Committee</i> and is	By Oct. 31, 2010:
Committee establishes relationship with 211.	committed to collaboratively work together to provide	Medium-term:
 Share ASD strategic plan. 	coordinated information to parents, families and the	By April 30, 2011:
 Identify information/resource requirements. 	general public.	Long-term:
Medium-term:	Medium-term:	By April 30, 2013:
 211 has all the necessary information and contact information. 	 211 is a good starting point for parents and families of children and youth with ASD. 	1. Actions % (0-100%) completed.
 A process for updating information is developed and operational. 		2. Positive impacts:Achieved
Long-term:	Long-term:	Partially achieved
 Review effectiveness of information provided by 211 to parents and families. Revise and adjust as necessary. 	 211 is a good starting point for parents and families of children and youth with ASD. 	Not achieved yet.3. Reflections:

1.2 Offering web and phone access to information.

The Autism Ontario York Region website (<u>http://www.autismontario.com/york</u>) already provides many resources for parents and families. These strategic actions will ensure service providers provide additional information to enhance the website.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Identify additional information that can be added to 	 Better understanding of what could be improved/added on 	By Oct. 31, 2010:
Autism Ontario York Region website.	the Autism Ontario York Region website.	Medium-term:
 Identify website information coordinator for each service 		By April 30, 2011:
provider; i.e. person to monitor and update information.		Long-term:
 Send names of website information coordinator to Lynda 		By April 30, 2013:

Beedham.Link phone access actions with strategic action 1.1:		1. Actions % (0-100%) completed.
Partnering with 211.		2. Positive impacts:
Medium-term:	Medium-term:	Achieved
 Review effectiveness of information provided on Autism 	 The Autism Ontario York Region website provides 	Partially achieved
Ontario York Region website.	complete and comprehensive information and resources	Not achieved yet.
 Revise and adjust as necessary. 	for York Region families.	3. Reflections:
Long-term:	Long-term:	
 Review effectiveness of information provided on Autism 	 Families can easily get information about ASD, points of 	
Ontario York Region website.	access and pathways in York Region through the internet	
 Revise and adjust as necessary. 	and over the telephone.	

1.3 Providing a directory of providers, services and programs.

The "funnel" completed in 2009 listed the many programs and services for children, youth, adults and their families with ASD in York Region. It would be helpful if an ASD directory provided a brief description, eligibility criteria and contact information for the programs listed on the funnel. In these strategic actions, an ASD directory will be created using the 211 template.

Actions	Impacts	Monitoring and Evaluation
 Short-term: Establish a <i>Directory Work Group</i> to review the funnel and review the 211 template for completeness. Collect information from all service providers using the 	 Short-term: Service providers and families work collaboratively together to improve the system of support. 	Short-term: By Oct. 31, 2010: Medium-term: By April 30, 2011:
211(or revised 211) template.		Long-term:
 Medium-term: Work with 211 to ensure they have all of the information needed for an ASD directory. Create an online directory version for the Autism Ontario York Region website. Website information coordinator for each service provider to monitor and update information. 	 Medium-term: An easy-to-access directory of services and programs for ASD in York Region, available to families, practitioners and the general public. 	By April 30, 2013: 1. Actions% (0-100%) completed. 2. Positive impacts: Achieved Partially achieved Not achieved yet.
 Long-term: Review effectiveness of directory provided on Autism Ontario York Region website. Revise and adjust as necessary. 	 Long-term: Families and practitioners know where and how to get information and support for children, youth and adults with ASD in York Region. 	3. Reflections:

1.4 Providing access to quick knowledge for short-term support.

Sometimes parents of children, youth or adults with ASD encounter a challenge with a family member that does not require intensive intervention, but rather short-term, immediate support. Family members may be looking for assurance, suggestions, tips or reliable information. These strategic actions are directed at better coordination of existing consultation services.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
Compile details of consultation provided by Kerry's Place	 Service providers and families work collaboratively 	By Oct. 31, 2010:
Autism Services, Early Intervention Services, Autism	together to improve the system of support.	Medium-term:
Ontario, Kinark SSP, TRE-ADD and BMYS.		By April 30, 2011:
 Prepare an overview of resources to inform reception staff, 		Long-term:
intake workers and parents.		By April 30, 2013:
Medium-term:	Medium-term:	1. Actions % (0-100%)
 Include information about quick access to short-term 	• Agencies prepare all staff to give a "warm" response to any	completed.
support in training modules.	parent seeking assistance.	2. Positive impacts:
 Include information in directory, 211, mapping and 		Achieved
pathway resources.		Partially achieved
Long-term:	Long-term:	Not achieved yet.
 Review effectiveness of consultation services for providing 	 Families always get a "warm" response when they seek 	3. Reflections:
access to quick knowledge for short-term support.	assistance and quick access to short-term support.	
 Revise and adjust as necessary. 		

1.5 Providing information about ASD at every point of access.

Parents spend a lot of time finding all the information they need about ASD and the services and programs that can help them. These strategic actions coordinate information so that it can be easily retrieved by parents and practitioners at every point of access.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Establish a sub-committee of the Coordinated Access 	 Service providers and families work collaboratively 	By Oct. 31, 2010:
Working Group to focus on ASD access.	together to improve the system of support.	Medium-term:
 Develop a workplan for coordinating and disseminating 		By April 30, 2011:
information about ASD to all service provider points of		Long-term:
access.		By April 30, 2013:
 Link sub-committee with 211 work and Mapping and 		1. Actions % (0-100%)
Pathways Working Group.		completed.
		2. Positive impacts:

 Medium-term: Provide cross-sectoral training for service providers (see action 4.3) 	 Medium-term: Information about ASD is accessible at every point of access. 	 Achieved Partially achieved Not achieved yet.
Long-term:	Long-term:	3. Reflections:
 Review effectiveness of providing information about ASD 	 Information about ASD is accessible at every point of 	
at every point of access.	access and provided as a "warm" response to any parent	
 Revise and adjust as necessary. 	seeking information.	

1.6 Continuing a dialogue with relevant Ministries and Inter-Ministry Bodies

Two of the Ministry of Children and Youth Services (MC&YS) five strategic goals in its *Strategic Framework 2008-2012* are: 1) Every child has a voice and 2) Every child and youth receives personalized services. In these strategic actions, the dialogue to find innovative solutions must continue with MC&YS, but also with the Ministries of Community and Social Services (MCSS), Health and Long-term Care (MHLTC)/Central Local Health Integrated Network (LHIN), Education (MoE) and the inter-ministerial committees that have been struck at the provincial policy level.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Meet with the MC&YS Regional Director and staff to 	 MC&YS, MCSS, MHLTC/LHIN and MoE are aware of the 	By Oct. 31, 2010:
present the strategic plan.	goals of the strategic plan and provide support and	Medium-term:
 Meet with representatives from MCSS, MHLTC / LHIN and 	assistance.	By April 30, 2011:
MoE to present the strategic plan.		Long-term:
 Share details of strategic plan with members of inter- 		By April 30, 2013:
ministerial committees at every available opportunity.		1. Actions % (0-100%)
Medium-term:	Medium-term:	completed.
 Establish regular meetings with the MC&YS, MCSS, 	 Parents, service providers, MC&YS, MCSS, MHLTC/LHIN 	2. Positive impacts:
MHLTC/LHIN and MoE to monitor progress on the	and MoE work together on same goals.	Achieved
implementation of the strategic plan.		Partially achieved
Long-term:	Long-term:	Not achieved yet.
 Review effectiveness of meetings with MC&YS, MCSS, 	 Service providers and families work collaboratively 	3. Reflections:
MHLTC/LHIN and MoE.	together to improve the system of support.	
 Revise and adjust as necessary. 		

2. Families experience simplified assessment processes and navigation of the system is easier.

2.1 Supporting parents when they are navigating the system.

Navigating the current system of support for ASD can be daunting. Each program has different contact information, eligibility criteria and the application processes are often not coordinated. In these strategic actions, parents will receive support for navigating the system from every point of access.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
Establish a sub-committee of the <i>Coordinated Access</i>	 Service providers and families work collaboratively 	By Oct. 31, 2010:
Working Group to focus on ASD access.	together to improve the system of support.	Medium-term:
Enhance CTN service navigation to make it more ASD-		By April 30, 2011:
friendly.		Long-term:
 Develop a workplan for coordinating and disseminating 		By April 30, 2013:
information about ASD to all service provider points of		3. Actions % (0-100%)
access.		completed.
 Link sub-committee with 211 work and Mapping and 		4. Positive impacts:
Pathways Working Group.		Achieved
Medium-term:	Medium-term:	Partially achieved
 Provide cross-sectoral training for service providers (see 	 Service providers are better resourced to provide 	Not achieved yet.
action 4.3)	navigation support to parents at every point of access.	3. Reflections:
Long-term:	Long-term:	
 Review effectiveness of supporting navigation for parents 	 Support for navigating the system is available at every 	
at every point of access.	point of access.	
 Revise and adjust as necessary. 		

2.2 Coordinating joint training for intake workers.

Currently each service provider trains their intake workers on processes and protocols specific to their particular agency. In these strategic actions, intake workers who assist families of children, youth and adults with ASD will attend joint training sessions so that a common base of understanding is developed and intake workers have an opportunity to develop a network of communication.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
Professional Development Work Group to review existing	 Families and service providers work collaboratively 	By Oct. 31, 2010:
training opportunities for intake workers and assess	together to improve the system of support.	Medium-term:
opportunities for joint training.		By April 30, 2011:
		Long-term:
		By April 30, 2013:

 Medium-term: Joint training program for intake workers developed and 2- 3 sessions held. 	Medium-term:Resources are pooled and shared.	1. 2.	Actions % (0-100%) completed. Positive impacts:
 Long-term: Regular opportunities for joint training and the development of an on-going network of communication. 	 Long-term: Intake workers know each other and the programs provided at each agency so they can ensure families get quick access to the services they need. 	3.	 Achieved Partially achieved Not achieved yet. Reflections:

2.3 Clarifying screening tool protocols.

There are several different screening tools for ASD in use throughout York Region. It is important that everyone agree on the right screening tools to use in different circumstances so that parents receive consistent and comparable information. These strategic actions will establish a shared understanding and protocols to guide the use of various screening tools.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Assessment and Screening Work Group to review screening tools and processes and develop protocols for their use; i.e. when to use. Present review and protocols for endorsement by the <i>Partnership Committee.</i> 	 Families and service providers work collaboratively together to improve the system of support. 	By Oct. 31, 2010: Medium-term: By April 30, 2011: 1. Actions% (0-100%) completed.
Medium-term:	Medium-term:	2. Positive impacts:
 Review protocols for screening tools. Revise and adjust as necessary. 	 Resources are pooled and shared. 	 Achieved Partially achieved Not achieved yet. 3. Reflections:

2.4 Providing the best and most up-to-date screening tools.

Once there is agreement on the use of screening tools and protocols, it is important that all agencies use the latest and most up-to-date tools. These strategic actions will put all the screening tools online and will ensure service providers are informed when a change has been made.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 All screening tools are posted on Autism Ontario York Region website. 	 Families and service providers work collaboratively together to improve the system of support. 	By Oct. 31, 2010: Medium-term: By April 30, 2011:

Medium-term:	Medium-term:	1.	Actions % (0-100%)
 Changes to screening tools are updated at the CTN Info Centre and service providers informed through the Partnership Committee. 	 All service providers use the latest and most up-to-date screening tools. 	2. 3.	 completed. Positive impacts: Achieved Partially achieved Not achieved yet. Reflections:

2.5 Developing crisis intervention responses and protocols.

Families need to know that the support they receive during periods of crisis will be consistent and equitable regardless of where they live or which service provider they are working with. These strategic actions will bring more consistency, transparency and equity to service provider responses during crisis intervention.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
• A relationship is established with the <i>Coordinated Access</i>	 Families and service providers work collaboratively 	By Oct. 31, 2010:
Working Group and the Integrated Crisis Response Services	together to improve the system of support.	Medium-term:
Steering Committee.		By April 30, 2011:
 Partnership Committee reviews existing responses and 		Long-term:
protocols.		By April 30, 2013:
Medium-term:	Medium-term:	1. Actions % (0-100%)
 Shared protocols are developed and presented to the 	 All service providers are using shared protocols for crisis 	completed.
Partnership Committee for endorsement.	intervention.	2. Positive impacts:
 Shared protocols are posted on a variety of websites. 		Achieved
Long-term:	Long-term:	Partially achieved
 Review crisis intervention responses and protocols. 	 Crisis intervention responses and protocols are more 	Not achieved yet.
 Revise and adjust as necessary. 	consistent, transparent and equitable from a family's perspective.	3. Reflections:

2.6 Following a system-wide, common protocol for assessment.

Families need to know that the assessments they receive will be consistent regardless of which service provider they work with. These strategic actions will provide consistency so that families can be confident they have received an assessment that they can take from one agency to another and it will be used.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Assessment and Screening Work Group reviews existing assessment protocols and establishes links with other planning tables/service providers (e.g. Integrated Crisis Response Steering Committee, CTN). Partnership Committee reviews assessment protocols and develops a common system-wide protocol. 	 Families and service providers work collaboratively together to improve the system of support. 	By Oct. 31, 2010: Medium-term: By April 30, 2011: 1. Actions% (0-100%) completed. 2. Positive impacts:
Medium-term:	Medium-term:	Achieved
 Review common assessment protocols. Revise and adjust as necessary. 	 Families who have an assessment in hand will know how another service provider will use that assessment. All service providers are using common protocols for assessment. 	 Partially achieved Not achieved yet. Reflections:

2.7 Providing school-aged assessment protocol.

When children with ASD enter the school system, they are subject to another set of assessment protocols. These strategic actions will provide clarity and transparency so that parents know how their child will be assessed and what the results will mean.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Chief Psychologists and school board representatives meet 	 Protocols for school-age assessments are known and 	By Oct. 31, 2010:
to review existing school-age assessment protocols and	transparent.	Medium-term:
document best practices		By April 30, 2011:
 Map continuity and revise protocols. 		Long-term:
Medium-term:	Medium-term:	By April 30, 2013:
 Partnership Committee reviews and endorses school-age 	 Families and service providers work collaboratively 	1. Actions % (0-100%)
assessment protocols.	together to improve the system of support.	completed.
Long-term:	Long-term:	2. Positive impacts:
 Review common assessment protocols. 	 Families and service providers work collaboratively 	Achieved
 Revise and adjust as necessary. 	together to improve the system of support.	Partially achieved
		Not achieved yet.
		3. Reflections:

Goal # 2: Knowledge and Awareness

Provide opportunities to increase knowledge and awareness about ASD among physicians, service providers, parents and the general public.

Strategic Actions

3. Physicians know more about ASD and how to help their patients and their families.

3.1 Providing 0-18 month development package about ASD for physicians.

Physicians are often the first contact families have when they begin to realize that their child is developing differently. These strategic actions will put resources into the hands of physicians so that that they can provide accurate and timely information to their families.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Physician Support Work Group compiles resources for 	 Resources for 0-18 month development package is 	By Oct. 31, 2010:
development package.	compiled.	Medium-term:
		By April 30, 2011:
Medium-term:	Medium-term:	Long-term:
 Partnership Committee reviews development package and 	 Physicians have an ASD-specific resource to assist them in 	By April 30, 2013:
prepares covering memo for distribution to physicians.	the care of their patients and families.	1. Actions % (0-100%)
Long-term:	Long-term:	completed.
 Review 0-18 month development package for physicians. 	 Families and service providers work collaboratively 	2. Positive impacts:
 Revise and adjust as necessary. 	together to improve the system of support.	Achieved
		Partially achieved
		Not achieved yet.
		3. Reflections:

3.2 Providing training on screening tools (i.e. ERIK, Red Flags) to physicians.

The earlier a child can receive support for their ASD, the better. Physicians are often the first people to assess the development of children. These strategic actions will provide physicians with screening tools that can help them identify ASD in their child patients as early as possible.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
Physician Support Work Group works with Surrey Place and	 Screening tools for physicians are compiled. 	By Oct. 31, 2010:
Dr. Sullivan to develop training module for physicians.		Medium-term:
		By April 30, 2011:
		Long-term:
		By April 30, 2013:

Medium-term:	Medium-term:	1.	Actions % (0-100%)
 Partnership Committee reviews training module for 	 Physicians are trained on ASD screening tools. 		completed.
physicians.		2.	Positive impacts:
Physician Support Work Group works with Surrey Place and			Achieved
Dr. Sullivan to determine best training opportunities.			Partially achieved
Long-term:	Long-term:		Not achieved yet.
 Review screening tools and training for physicians. 	 Families and service providers work collaboratively 	3.	Reflections:
 Revise and adjust as necessary. 	together to improve the system of support.		

3.3 Sharing information about ASD and ASD/DD at rounds.

With all the demands on a physicians time, it can be challenging to hold their attention long enough to provide them with new or additional information about ASD. In these strategic actions, information about ASD and ASD/DD is included during regular physician's rounds in a convenient and efficient way.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
Physician Support Work Group prepares information	 Information for physicians is compiled. 	By Oct. 31, 2010:
framework and resources.		Medium-term:
		By April 30, 2011:
Medium-term:	Medium-term:	Long-term:
Partnership Committee reviews information framework	 Physicians are provided with information about ASD and 	By April 30, 2013:
and resources.	ASD/DD .	1. Actions % (0-100%)
Physician Support Work Group works with others in York		completed.
Region who have successfully provided information to		2. Positive impacts:
physicians at rounds (e.g. CTN).		Achieved
Long-term:	Long-term:	Partially achieved
 Review information framework, resources and 	 Families and service providers work collaboratively 	Not achieved yet.
effectiveness of providing information to physicians at	together to improve the system of support.	3. Reflections:
rounds.		
 Revise and adjust as necessary. 		

3.4 Developing a map of access points and gateway agencies as a physician's resource.

Once a physician is sure that their patient and family needs to use the system of support for ASD, they may not know the best access points and gateways. These strategic actions will provide physicians with an easy-to-use map of access points and gateway agencies for persons of all ages with ASD.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Mapping and Pathways Work Group uses funnel and other resources to develop map of access points and gateway agencies for persons of all ages with ASD. 	 Map of access points and gateway agencies is developed. 	By Oct. 31, 2010: Medium-term: By April 30, 2011:
 Medium-term: Partnership Committee reviews map of access points and gateway agencies for persons of all ages with ASD and prepares covering memo for distribution to physicians. 	 Medium-term: Physicians have a map of access points and gateway agencies as a resource to assist them in the care of their patients and families. 	Long-term: By April 30, 2013: 1. Actions % (0-100%) completed. 2. Positive impacts:
 Long-term: Review effectiveness of map of access points and gateway agencies for persons of all ages with ASD for physicians. Revise and adjust as necessary. 	 Long-term: Families and service providers work collaboratively together to improve the system of support. 	 Achieved Partially achieved Not achieved yet. Reflections:

3.5 Linking physicians training initiatives with the work of the *Partnership Committee*.

Physicians play an important role in providing support to families of children, youth and adults with ASD. Ideally, physicians-in-training would learn more about ASD, but it is also important that practicing physicians in York Region have access to more information. In these strategic actions, the linkage between families, service providers and physicians will be strengthened so that everyone is working together for the best interests of children, youth and adults with ASD.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Physician Support Group links with Autism Ontario and Regional Autism Programs of Ontario Network (RAPON) to better understand existing initiatives efforts around physician support. Makes recommendations about ways initiatives in York Region can be supported by provincial and national efforts. 	 Physicians are supported in developing a better understanding ASD. 	By Oct. 31, 2010: Medium-term: By April 30, 2011: 1. Actions % (0-100%) completed. 2. Positive impacts: Achieved Partially achieved

Medium-term:	Medium-term:	Not achieved yet.
Partnership Committee findings of Physician Support Work	 Families and service providers work collaboratively 	3. Reflections:
to establish on-going linkages and representation.	together to improve the system of support.	

4. Service providers know more about ASD and how to help families.

4.1 Developing Red Flags for School-age Children.

Red Flags is a quick reference guide to identify potential challenges to infant, toddler or preschool children's healthy development. It also provides contact information for York Region resources. In these strategic actions, a *Red Flags for School-age Children* will be developed.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Directory Work Group approaches Early Identification 	 Success of Red Flags is expanded to include school-age 	By Oct. 31, 2010:
Working Group to include ASD-specific content in the Red	children.	Medium-term:
Flags for School-age Children.		By April 30, 2011:
 Directory Working Group connects with planning groups in 		1. Actions % (0-100%)
Durham and Simcoe Counties to investigate linkages.		completed.
Medium-term:	Medium-term:	2. Positive impacts:
Partnership Committee reviews and endorses Red Flags for	 Families and service providers work collaboratively 	Achieved
School-age Children.	together to improve the system of support.	Partially achieved
 Funding for printing of Red Flags for School-age Children 		Not achieved yet.
secured and copies distributed.		3. Reflections:

4.2 Creating an inventory of training opportunities.

Work collaboratively, service providers can receive better value for their training dollars and, together, strengthen the capacity of the system of support. In these strategic actions, opportunities to let people know about training opportunities are proposed.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Professional Development Work Group to review existing training opportunities and develop an inventory. Partnership Committee investigates the feasibility of applying for Autism Speaks Family Service Community Grants to build the field and scope of educators and trainers, by providing continuing education and training to those working directly with individuals with ASD. 	 Families and service providers work collaboratively together to improve the system of support. 	By Oct. 31, 2010: Medium-term: By April 30, 2011: 1. Actions% (0-100%) completed. 2. Positive impacts: Achieved Partially achieved Not achieved yet. 3. Reflections:

Medium-term:	Medium-term:	
 Partnership Committee to review inventory. 	 Resources are pooled and shared. 	
 Inventory of training opportunities posted online at Kerry's 		
Place.		
 Website information coordinator at each service provider 		
to update information on a regular basis.		

4.3 Providing cross-sectoral working and training opportunities for service providers.

Working and training together across sectors strengthens the collaborative capacity of the whole system of support and, in time, makes more efficient use of scarce resource. These strategic directions help to bring the sectors together so that, jointly, people and organizations learn how to define and determine the needs of children, youth and adults with ASD in York Region in a common and shared way.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
Partnership Committee to work with MCSS and community	 Families and service providers work collaboratively 	By Oct. 31, 2010:
of ASD service providers and parents to encourage cross-	together to improve the system of support.	Medium-term:
sectoral opportunities for working and training together.		By April 30, 2011:
		Long-term:
Medium-term:	Medium-term:	By April 30, 2013:
 Professional Development Work Group to review existing training opportunities for service providers and assesses opportunities for cross-sectoral training. Inventory of training opportunities posted online at various websites Website information coordinator at each service provider to update information on a regular basis. 	 Resources are pooled and shared. 	 Actions% (0-100%) completed. Positive impacts: Achieved Partially achieved Not achieved yet. Reflections:
Long-term:	Long-term:	
 Working together in cross-sectoral ways becomes the 	 The development of an on-going network of 	
normal standard of business.	communication between service providers.	
 Regular opportunities for cross-sectoral training. 		

4.4 Providing joint parent and professional development on successful collaboration.

Work collaboratively together can lead to better results and more efficient use of skills and resources. But it is not always easy. In these strategic actions, professional development on what makes for successful collaboration will be offered to parents and service providers.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Professional Development Work Group to develop an 	 Increased awareness of the elements of successful 	By Oct. 31, 2010:
outline for a training module.	collaboration.	Medium-term:
Medium-term:	Medium-term:	By April 30, 2011:
Partnership Committee to review and endorse training	 Resources are pooled and shared. 	Long-term:
module.		By April 30, 2013:
 Information on training posted online at various websites. 		1. Actions % (0-100%)
		completed.
Long-term:	Long-term:	2. Positive impacts:
 Review collaborative capacity. 	 Families and service providers work collaboratively 	Achieved
 Revise and adjust as necessary. 	together to improve the system of support.	Partially achieved
		Not achieved yet.
		3. Reflections:

4.5 Using evidence-based knowledge to inform practices.

There is far more known about ASD now than in the past. In addition, the documentation of best practices and the opportunities to learn from the experience of others means that we have a much better understanding of what works. In these strategic actions, the capacity to use evidence-based knowledge to inform practices in working with children, youth and adults with ASD and their families in York Region is enhanced.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Professional Development Work Group investigates 	 Resources and knowledge about evidence-based practices 	By Oct. 31, 2010:
resources on evidence-based practice available through	is consolidated for common understanding.	Medium-term:
Jonathan Weiss at York U., TRE-ADD, and Autism Ontario.		By April 30, 2011:
 Professional Development Work Group develops 		Long-term:
recommendations for guiding principles and definitions.		By April 30, 2013:
 Partnership Committee investigates the feasibility of 		1. Actions % (0-100%)
applying for Autism Speaks Family Service Community		completed.
Grants to sponsor conferences that provide several		2. Positive impacts:
sessions of training and hands-on opportunities to		Achieved
demonstrate knowledge.		Partially achieved
		·

 Medium-term: Partnership Committee reviews recommendations on evidence-based practices and shares with the broader community. 	 Medium-term: Evidence-based practices and encouraged and supported. 	Not achieved yet.3. Reflections:
Long-term:	Long-term:	
 Further research and education on evidence-based practices is disseminated throughout the system of support at conferences, workshops and other gatherings. 	 Families and service providers work collaboratively together to improve the system of support. 	

4.6 Developing a curriculum for integrated, transdisciplinary work teams.

As team approaches and person-directed planning for children, youth and adults with ASD becomes more common in York Region, it will be helpful to have a core base of knowledge for workers. In these strategic actions, the elements of a curriculum for integrated, transdisciplinary teams are proposed.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Professional Development Work Group to begin reviewing 	 Families and service providers work collaboratively 	By Oct. 31, 2010:
the elements of a curriculum for integrated,	together to improve the system of support.	Medium-term:
transdisciplinary work teams.		By April 30, 2011:
 Professional Development Work Group to review work 		1. Actions % (0-100%)
done by CTN to build integrated, transdisciplinary work		completed.
teams for applicability and integration with the system of		2. Positive impacts:
support for ASD in York Region.		Achieved
Medium-term:	Medium-term:	Partially achieved
 Professional Development Work Group to complete the 	 Resources are pooled and shared. 	Not achieved yet.
curriculum.		3. Reflections:
 Partnership Committee to review and endorse the 		
curriculum for integrated, transdisciplinary work teams.		

5. Parents can identify ASD in their child more quickly and they can easily access information about local services and programs that can help.

5.1 Revising the Healthy Babies/Healthy Children information to include ASD.

The Healthy Babies/Healthy Children program provided by Public Health provides all new parents with basic information about the healthy development of their child. In these strategic actions, the information packages will include basic information on ASD and resources in York Region.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Connect with York Region Public Health staff. Provide ASD information to Healthy Babies/Healthy Children information package. 	 Families and service providers work collaboratively together to improve the system of support. 	 By Oct. 31, 2010: 1. Actions% (0-100%) completed. 2. Positive impacts: Achieved
		 Partially achieved Not achieved yet. Reflections:

5.2 Providing local resources about ASD and systems of support for families.

Autism Ontario provides excellent resources and information about ASD at the provincial level. In these strategic actions, more information about local resources and contacts will be made readily accessible to families in York Region through the Autism Ontario York Region website.

Actions	Impacts	Monitoring and Evaluation
 Short-term: Identify additional information that can be added to Autism Ontario York Region website. . 	 Short-term: Better understanding of what could be improved/added on the Autism Ontario York Region website. 	Short-term: By Oct. 31, 2010: Medium-term: By April 30, 2011:
 Medium-term: Website information coordinator for each service provider to monitor and send updated information to the Autism Ontario York Region webmaster. 	 Medium-term: The Autism Ontario York Region website provides complete and comprehensive information and resources for York Region families. 	 Long-term: By April 30, 2013: 1. Actions% (0-100%) completed. 2. Positive impacts:
 Long-term: Review effectiveness of information provided on Autism Ontario York Region website. Revise and adjust as necessary. 	 Long-term: Families can easily get information about ASD, points of access and pathways in York Region through the internet and over the telephone. 	 Achieved Partially achieved Not achieved yet. Reflections:

5.3 Developing pathways and road maps for parents who have just received a diagnosis.

When the family of a child or youth receives a diagnosis of ASD, they can be easily overwhelmed by what they should do next and who can help. As some parents have said, "they don't know what they don't know". In these strategic actions, families will receive information about pathways and road maps that will help guide them in the early days.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
Mapping and Pathways Work Group uses funnel and other	 Map of access points and gateway agencies is developed. 	By Oct. 31, 2010:
resources to develop map of access points and gateway		Medium-term:
agencies.		By April 30, 2011:
 Mapping and Pathways Work Group reviews practices and 		Long-term:
resources developed by CTN that can be adopted and		By April 30, 2013:
applied to improving the system of support for ASD in York		1. Actions % (0-100%)
Region.		completed.
Medium-term:	Medium-term:	2. Positive impacts:
 Partnership Committee reviews map of access points and 	 Parents have a map of access points and gateway agencies 	Achieved
gateway agencies.	as a resource to assist them.	Partially achieved
 Link with Coordinated Access Working Group, 211 work 		Not achieved yet.
and Mapping and Pathways Working Group.		3. Reflections:
 Maps of access points and gateway agencies compiled and 		
posted online at various websites.		
Long-term:	Long-term:	
 Review effectiveness of map of access points and gateway 	 Families and service providers work collaboratively 	
agencies resources.	together to improve the system of support.	
 Revise and adjust as necessary. 		

5.4 Raising awareness through media campaigns and presentations to the general public.

There are over 8,300 individuals with ASD currently living in York Region. This includes approximately 1,660 children with ASD aged 0-14 years; 1,100 youth aged 15-24 years; and 4,600 adults aged 25-64 years. Yet most of the public, including many professionals in the medical, educational, and vocational fields, are still unaware of how autism affects people and how they can effectively work with individuals with autism. In these strategic actions, a media and communications campaign is proposed to raise awareness of ASD in York Region.

Actions	Impacts	Monitoring and Evaluation
 Short-term: Communications Work Group to begin development of a media and communications campaign. 	 Short-term: Families and service providers work collaboratively together to improve the system of support. 	Short-term: By Oct. 31, 2010: Medium-term: By April 30, 2011:
 Medium-term: Partnership Committee reviews and endorses media and communications campaign. Resources to support media and communications campaign secured; i.e. funding, manpower, sponsors. 	 Medium-term: Families and service providers work collaboratively together to improve the system of support. 	 Long-term: By April 30, 2013: 1. Actions % (0-100%) completed. 2. Positive impacts: □ Achieved
 Long-term: Review effectiveness of media and communications campaign. Revise and adjust as necessary. 	 Long-term: Greater awareness about ASD among parents and the general public. 	 Partially achieved Not achieved yet. Reflections:

6. The system continuously monitors, evaluates and improves its policies and practices so that children, youth and adults with ASD in York are provided with the best supports possible.

- 6.1 Tracking trends to inform system design.
- 6.2 Reviewing other models in and outside York Region (i.e. DD, CTN).
- 6.3 Identifying promising change management models.
- 6.4 Designing and redesigning protocols that improve the system.

As the strategic plan is implemented and as the system of support for children, youth and adults with ASD and their families in York Region is strengthened, it will be important to monitor progress and make adjustments as necessary. These strategic actions propose a framework for continuous improvement.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
• Terms of reference for a <i>Tracking and Best Practices Work</i>	 Families and service providers work collaboratively 	By Oct. 31, 2010:
Group developed and presented to the Partnership	together to improve the system of support.	Medium-term:
Committee for endorsement.		By April 30, 2011:
Medium-term:	Medium-term:	Long-term:
 Tracking and Best Practices Work Group develops a workplan to continuously monitor, evaluate and improve the systems' policies and practices – based on strategic goals 6.1 to 6.4. Partnership Committee reviews and endorses workplan. 	 York Region system of support models best practices. 	 By April 30, 2013: 1. Actions% (0-100%) completed. 2. Positive impacts: Achieved
Long-term:	Long-term:	Partially achieved
 Review effectiveness of <i>Tracking and Best Practices</i> workplan. 	 Children, youth and adults with ASD in York are provided with the best supports possible. 	Not achieved yet.Reflections:
 Design and redesign protocols as necessary. 		

Goal # 3: Continuum of Coordinated Services

Provide coordinated and individualized plans of care, including more frequent use of electronic single plans of care (SPOCs).

Strategic Actions

7. Families receive services from providers that are integrated, needs-based and, when considered as a whole, are coordinated plans of care.

7.1 Agreeing to a common approach for a coordinated continuum of care.

To work collaboratively together, families and service providers need to share a common approach in which they continuously exchange information throughout the long-term cyclical processes of assessment, treatment and transition. In these strategic actions, the mechanisms to work together in the integrated delivery of services is fostered and maintained.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Mapping and Pathways Work Group explores the 	 A better understanding of the opportunities and 	By Oct. 31, 2010:
opportunities to build on CTN's information-sharing	mechanisms for integrated service delivery.	Medium-term:
framework and tools.		By April 30, 2011:
 Mapping and Pathways Work Group establishes linkages 		Long-term:
with Coordinated Access Working Group and 211 work.		By April 30, 2013:
 Partnership Committee investigates the feasibility of 		1. Actions % (0-100%)
applying for Autism Speaks Family Service Community		completed.
Grants to educate service providers and increase capacity		2. Positive impacts:
to foster and maintain integrated delivery of services.		□ Achieved
Medium-term:	Medium-term:	Partially achieved
Partnership Committee reviews and endorses mechanisms	 Opportunities and mechanisms for integrated service 	Not achieved yet.
and opportunities for integrated service delivery.	delivery are increased and improved throughout the	3. Reflections:
	system of support.	
Long-term:	Long-term:	
 Review effectiveness of integrated system of support. 	 Families and service providers work collaboratively 	
 Revise and adjust as necessary. 	together to improve the system of support.	

7.2 Informing common approaches through specialized knowledge transfer. (see 4.3)

One of the best ways to help service providers develop common approaches and coordinated plans of care is to provide opportunities for specialized knowledge transfer. Closely connected to the strategic actions in goal 4.3, these actions will ensure cross-sectoral specialized knowledge transfer.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Professional Development Work Group to include 	 Approaches used by service providers start to become 	By Oct. 31, 2010:
specialized knowledge transfer in its inventory and training	more common.	Medium-term:
opportunities.		By April 30, 2011:
Medium-term:	Medium-term:	Long-term:
 Partnership Committee reviews the Professional 	 Basic information framework is accessible by service 	By April 30, 2013:
Development Work Group plan.	providers and families.	1. Actions % (0-100%)
 Specialized knowledge transfer opportunities are posted 		completed.
online at various websites		2. Positive impacts:
Long-term:	Long-term:	Achieved
 Review ways and methods of transferring specialized 	 Families and service providers work collaboratively 	Partially achieved
knowledge to service providers and families.	together to improve the system of support.	Not achieved yet.
 Revise and adjust as necessary. 		3. Reflections:

7.3 Providing more family resources for navigation and advocacy. (see 2.1)

Families seeking support for their family members in a system of coordinated and individualized plans of care will need supports to help them navigate the system and advocate for their family, when necessary. These strategic actions will make the system of support more receptive and able to support parents' participation in a coordinated system.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Establish a sub-committee of <i>the Coordinated Access</i> <i>Working Group</i> to focus on ASD access. Develop a workplan for coordinating and disseminating information about ASD to all service provider points of access. Link sub-committee with 211 work and <i>Mapping and</i> <i>Pathways Working Group</i>. 	 Service providers and families work collaboratively together to improve the system of support. 	By Oct. 31, 2010: Medium-term: By April 30, 2011: Long-term: By April 30, 2013: 1. Actions % (0-100%) completed. 2. Positive impacts:
 Medium-term: Provide cross-sectoral training for service providers (see action 4.3) 	 Medium-term: Service providers are better resourced to provide navigation and advocacy to parents at every point of access. 	 Achieved Partially achieved Not achieved yet. 3. Reflections:
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 Long-term: Review effectiveness of supporting navigation and advocacy for parents at every point of access. Revise and adjust as necessary. 	 Long-term: Support for navigating the system is available at every point of access. 	

7.4 Building on Children's Treatment Network's integrated team and approach, testing ways to coordinate or reconfigure resources to deliver a single plan of care (SPOC).

In time, the system of support will move towards coordinated and individualized plans of care. In these strategic actions, families and services providers will better understand the system changes that will need to occur and they will know how to make those necessary changes.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
Partnership Committee establishes Mapping and Pathways	 Reduced duplication and gaps in system of support. 	By Oct. 31, 2010:
and Assessment and Screening Work Groups.	 Families and service providers work collaboratively 	Medium-term:
 Mapping and Pathways Work Group explores the 	together to improve the system of support.	By April 30, 2011:
opportunities to build on CTN's information-sharing		Long-term:
framework and tools.		By April 30, 2013:
Partnership Committee explores opportunities to fund and		1. Actions % (0-100%)
establish a pilot project (e.g. Autism Speaks Family Services		completed.
Community Grants).		2. Positive impacts:
Medium-term:	Medium-term:	Achieved
 Partnership Committee reviews findings and 	• Service providers are increasing Work in team approaches.	Partially achieved
recommendation of Mapping and Pathways and		Not achieved yet.
Assessment and Screening Work Groups.		3. Reflections:
Long-term:	Long-term:	
 Review effectiveness of resources for navigation and 	 Existing resources are reconfigured so that a team 	
advocacy.	approach is the usual model of providing support to	
 Revise and adjust as necessary. 	children, youth and adults with ASD and their families.	

8. Families have access to a range of flexible, convenient and comprehensive 24-7-12 lifelong services to support them as their child grows up. 8.1 Developing comprehensive pathways and road maps for families. (see 5.3)

In goal 5.3, strategic actions were proposed to provide parents with pathways and road maps when they first receive a diagnosis. In these strategic actions, resources to guide parents through pathways and gateways will be broadened to cover transition through all stages.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
Mapping and Pathways Work Group uses funnel and other	 Map of access points and gateway agencies is developed. 	By Oct. 31, 2010:
resources to develop map of access points and gateway		Medium-term:
agencies.		By April 30, 2011:
Medium-term:	Medium-term:	Long-term:
 Partnership Committee reviews map of access points and 	 Parents and service providers have a map of access points 	By April 30, 2013:
gateway agencies.	and gateway agencies as a resource to assist them.	1. Actions % (0-100%)
 Link with Coordinated Access Working Group, 211 work 		completed.
and Mapping and Pathways Working Group.		2. Positive impacts:
 Maps of access points and gateway agencies compiled and 		Achieved
posted online at various websites.		Partially achieved
Long-term:	Long-term:	Not achieved yet.
 Review effectiveness of map of access points and gateway 	 Families and service providers work collaboratively 	3. Reflections:
agencies resources.	together to improve the system of support.	
 Revise and adjust as necessary. 		

8.2 Identifying duplication, gaps, roles and capacity within the current system.

As children, youth and adults with ASD develop in age, they require a different set of programs and supports. Gap in service or confusion over roles adds additional stress to a family. In these strategic actions, progress towards a stronger system of support will be continuously evaluated and a process to make adjustments established.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Partnership Committee endorses strategic plan and shares 	 Families and service providers work collaboratively 	By Oct. 31, 2010:
plan with broader community of parents and stakeholders.	together to improve the system of support.	Medium-term:
Medium-term:	Medium-term:	By April 30, 2011:
 Partnership Committee monitors and evaluates progress towards strategic plan goals. Revise and adjust as necessary. 	 Families and service providers work collaboratively together to improve the system of support. 	Long-term: By April 30, 2013: 1. Actions% (0-100%) completed. 2. Positive impacts:

Lo	ng-term:	Lo	ng-term:		Achieved
•	Partnership Committee monitors and evaluates progress	•	Families and service providers work collaboratively		Partially achieved
	towards strategic plan goals. Revise and adjust as		together to improve the system of support.		Not achieved yet.
	necessary.			3.	Reflections:
l					

8.3 Refining the funnel. (see 8.1 and 5.3)

The funnel is an important foundation for understanding the system of support in goals 8.1 and 5.3. These strategic actions will ensure the funnel is kept up to date and relevant.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Mapping and Pathways Work Group uses funnel to 	 Funnel is further refined. 	By Oct. 31, 2010:
develop map of access points and gateway agencies.		Medium-term:
Medium-term:	Medium-term:	By April 30, 2011:
 Revised funnel is posted online at various websites 	 Funnel is kept up-to-date as a core reference document. 	Long-term:
 Website information coordinator at each service provider 		By April 30, 2013:
to update information on a regular basis.		1. Actions % (0-100%)
		completed.
		2. Positive impacts:
		Achieved
		Partially achieved
		Not achieved yet.
		3. Reflections:

9. Families are supported during transition from one developmental age to another, including into adulthood.

9.1 Increasing the system's capacity to provide person-centred planning. (see 2.1 and 7.3)

Providing support for families to navigate the system and resources for advocacy have already been identified in goals 2.1 and 7.3. When a family member is transitioning between developmental ages, the capacity of the system to provide person-directed planning is especially important. In these strategic actions, solutions to strengthen this capacity are proposed.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
• Coordinated Access Working Group develops protocols for	 Families and service providers work collaboratively 	By Oct. 31, 2010:
family-centred transitions into adulthood.	together to improve the system of support.	Medium-term:
Partnership Committee endorses the protocols for person-		By April 30, 2011:
centred planning.		Long-term:
 Partnership Committee investigates the feasibility of 		By April 30, 2013:
applying for Autism Speaks Family Service Community		1. Actions % (0-100%)
Grants to support person-centred approaches to improve		completed.
life/community integration skills for young adults/adults.		2. Positive impacts:
Medium-term:	Medium-term:	Achieved
Professional Development Work Group includes training	 Training opportunities exist so that capacity to provide 	Partially achieved
opportunities related to person-centred planning.	person-centred planning is enhanced.	Not achieved yet.
Long-term:	Long-term:	3. Reflections:
 Review systems' progress towards increasing capacity for 	• Families have more resources for person-centred planning.	
providing person-centred planning.		
 Revise and adjust as necessary. 		

9.2 Strengthening protocols and resources during transitional stages. (see 2.3 and 2.6)

As discussed in goals 2.3 and 2.6, the system of support will be strengthened when service providers follow the same protocols. This is especially important during transitions from one age to another. These strategic actions address that need.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
 Assessment and Screening Work group to review protocols 	 Families and service providers work collaboratively 	By Oct. 31, 2010:
and resources used during transitional stages.	together to improve the system of support.	Medium-term:
 Present protocols and resources toPartnership Committee 		By April 30, 2011:
for review and recommendations. (is there something here		Long-term:
around privacy???)		By April 30, 2013:
 Partnership Committee investigates the feasibility of 		1. Actions % (0-100%)
applying for Autism Speaks Family Service Community		completed.

 Grants to enhance transitional planning for young adults/adults. Medium-term: Partnership Committee communicates recommendations to strengthen protocols to all service providers 	Medium-term: Resources are pooled and shared.	 2. Positive impacts: Achieved Partially achieved Not achieved yet. 3. Reflections:
 Long-term: Review effectiveness of protocols and resources during transitional stages. Revise and adjust as necessary. 	 Long-term: Increased clarity and expectations around protocols and resources during transitional stages. 	

9.3 Securing funding for adult services. (see 1.6)

Currently there is very little funding available for services or programs for adults with ASD. In goal 1.6, an on-going dialogue with the Ministry of Community and Social Services is proposed. In these strategic actions, proposals to assess the need and advocate for funding for adults services are presented.

Actions	Impacts	Monitoring and Evaluation
 Short-term: Partnership Committee discusses funding for adult services during regular meetings with Ministry of Community and Social Services. 	 Short-term: Increased awareness of need for funding for support services for adults with ASD. 	Short-term: By Oct. 31, 2010: Medium-term: By April 30, 2011:
 Medium-term: Partnership Committee begins to scan need, plan, develop proposals and advocate for funding for adult services. Long-term: Partnership Committee advocates for funding for adult services. 	 Medium-term: Families and service providers work collaboratively together to improve the system of support. Long-term: Funding is available to support programs and services for adults with ASD. 	 by April 30, 2011. Long-term: By April 30, 2013: 1. Actions % (0-100%) completed. 2. Positive impacts: Achieved Partially achieved Not achieved yet. 3. Reflections:

Goal # 4: Infrastructure

Formalize partnerships, strengthen collaborative capacity and increase transparency and accountability across the system of support.

Strategic Actions

10. The *Partnership Committee* assumes leadership and maintains the focus on implementing all aspects of the strategic plan.

10.1 Building collaborative relationships among service providers.

10.2 Developing an on-going forum of parents and service providers.

10.3 Linking and aligning ASD planning with other planning tables, activities and initiatives at the local and the provincial levels.

10.4 Communicating progress and new developments with families and the broader community.

Strengthening the system of support for children, youth and adults with ASD and their families in York Region will require collaborative effort by families, service providers and decision makers. These strategic actions build upon and align with existing infrastructure in York Region (e.g. CTN) to build sustainability and processes to support the collaborative work that will be required to implement innovative and effective solutions.

Actions	Impacts	Monitoring and Evaluation
Short-term:	Short-term:	Short-term:
Partnership Committee endorses strategic plan and shares plan	 Families and service providers work collaboratively 	By Oct. 31, 2010:
with broader community of parents and stakeholders.	together to improve the system of support.	Medium-term:
 Partnership Committee links with Coordinated Access 		By April 30, 2011:
Working Group and establishes a sub-committee to focus		Long-term:
on ASD access.		By April 30, 2013:
• Partnership Committee establishes seven Work Groups:		1. Actions % (0-100%)
Directory Work Group		completed.
Mapping and Pathways Work Group		2. Positive impacts:
Professional Development Work Group		Achieved
Assessment and Screening Work Group		Partially achieved
Physician Support Work Group		Not achieved yet.
Communications Work Group		3. Reflections:
Tracking and Best Practices Work Group		
 Partnership Committee ensures a website information 		
coordinator for each agency is identified.		
 Partnership Committee identifies related planning tables, 		
activities and initiatives and formalizes linkages, as		
necessary.		
 Partnership Committee posts meeting summaries and 		
progress reports on line at various websites.		

Medium-term:	Medium-term:
 Partnership Committee monitors and evaluates progress towards strategic plan goals and shares with the broader audience of parents and stakeholders. 	 Families and service providers work collaboratively together to improve the system of support.
 Revise and adjust as necessary. 	
Long-term:	Long-term:
 Partnership Committee monitors and evaluates progress towards strategic plan goals. 	3. Collaborative capacity of parents and service providers is strengthened.
 Revise and adjust as necessary. 	4. The system of support for children, youth and adults with ASD and their families in York Region is transparent and accountable.

Disseminating and Resourcing the ASD Strategic Plan	Aligning with Existing and On-going Initiatives in York Region	Resourcing and Organizing for Longer-term Action Strategies.
Short-term Actions: May 1 – Oct. 31/10	Medium-term Actions: May 1/10 – Apr. 30/11	Long-term Actions: May 1/10 – Apr. 30/13
Goal # 1: Coordinated Access ✓ Continue to dialogue with the Ministries of Child and Youth Services (MCYS), Community and Social Services (MCSS), Health and Long-term Care (MHLTC)/Central Local Health Integrated network (LHIN), Education (MoE) and inter-ministerial committees that have been struck at the	 Goal # 1: Coordinated Access ✓ Partner with 211. (1.1) ✓ Offer web and phone access to information. (1.2) ✓ Clarify screening tool protocols. (2.3) ✓ Provide the best and most up-to-date screening tools. (2.4) 	 Goal # 1: Coordinated Access ✓ Provide a directory of providers, services and programs. (1.3) ✓ Provide access to quick knowledge for short-term support. (1.4) ✓ Provide information about ASD at every point of access. (1.5) ✓ Support parents when they are navigating the
 provincial policy level. (1.6) Goal #4: Infrastructure ✓ Provide copies of the final ASD strategic plan to the broader community through printed copies and PDF format on the Autism Ontario York Region website. ✓ Convene participants of the two planning days held in 2009 to provide an overview of the plan. 	 Goal # 2: Knowledge and Awareness ✓ Provide training on screening tools (i.e. ERIK, Red Flags) to physicians. (3.2) ✓ Link physicians training initiatives with the work of the ASD Implementation Group. (3.5) ✓ Develop a Red Flags for School-age Children.(4.1) ✓ Revise the Healthy Babies/Healthy Children information to include ASD. (5.1) ✓ Develop pathways and road maps for parents 	 system. (2.1) ✓ Coordinate joint training for intake workers. (2.2) ✓ Develop crisis intervention responses and protocols. (2.5) ✓ Follow a system-wide, common protocol for assessment. (2.6) ✓ Provide school-aged assessment protocol. (2.7)
 Meet with key leaders and decision-makers in York Region to provide an overview of the plan and request their support. Develop memorandums of understanding and orientation to the strategic plan with participating partners. Pursue funding opportunities such as Autism Speaks Family Service Grants 2010. Ensure a website coordinator is identified for each service provider partner. ASD Implementation Group assumes leadership and maintains the focus on implementing all aspects of the strategic plan. Building collaborative relationships among service providers. 	 Bevelop pathways and road maps for patents who have just received a diagnosis. (5.3) Goal # 3: Continuum of Coordinated Services Provide more family resources for navigation and advocacy. (7.3) Build on Children's Treatment Network's integrated team and approach, testing ways to coordinate or reconfigure resources to deliver a single plan of care (SPOC). (7.4) Refine the funnel. (8.3) 	 Goal # 2: Knowledge and Awareness ✓ Provide 0-18 month development package about ASD for physicians. (3.1) ✓ Share information about ASD and ASD/DD at rounds. (3.3) ✓ Develop a map of access points and gateway agencies as a physician's resource. (3.4) ✓ Create an inventory of training opportunities. (4.2) ✓ Provide cross-sectoral working and training opportunities for service providers. (4.3) ✓ Provide joint parent and professional development on successful collaboration. (4.4) ✓ Use evidence-based knowledge to inform practices. (4.5)

Appendix B Implementation Plan

 With other planning tables, activities and initiatives at the local and the provincial levels. Communicating progress and new developments with families and the broader community. (10.1 – 10.4) Go 	Develop a curriculum for integrated, transdisciplinary work teams. (4.6) Provide local resources about ASD and systems of support for families. (5.2) Raise awareness through media campaigns and presentations to the general public. (5.4) Track trends to inform system design. (6.1) Review other models in and outside York Region (i.e. DD, CTN). (6.2) Identify promising change management models. (6.3) Design and redesigning protocols that improve the system. (6.4) col # 3: Continuum of Coordinated Services Agree to a common approach for a coordinated continuum of care. (7.1) Inform common approaches through specialized knowledge transfer. (7.2) Develop comprehensive pathways and road maps for families. (8.1) Identify duplication, gaps, roles and capacity within the current system. (8.2) Increase the system's capacity to provide person-centred planning. (9.1) Strengthen protocols and resources during transitional stages. (9.2) Secure funding for adult services. (9.3)

Appendix C Monitoring and Evaluation Templates

Disseminating and Resourcing the ASD Strategic Plan Short-term Actions: May 1 – Oct. 31/10				
 Goal # 1: Coordinated Access ✓ Continue to dialogue with the Ministries of Child and Youth Services (MCYS), Community and Social Services (MCSS), Health and Long-term Care (MHLTC), Education (MoE) and inter-ministerial committees that have been struck at the provincial policy level. (1.6) 				
 Goal #4: Infrastructure Provide copies of the final ASD strategic plan to the broader community through printed copies and PDF format on the Autism Ontario York Region website. Convene participants of the two planning days held in 2009 to provide an overview of the plan. Meet with key leaders and decision-makers in York Region to provide an overview of the plan and request their support. Transition the existing <i>ASD Implementation Group</i> into a fully functioning <i>Partnership Committee</i>; Pursue funding opportunities such as Autism Speaks Family Service Grants 2010. Ensure a website coordinator is identified for each service provider partner. <i>Partnership Committee</i> assumes leadership and maintains the focus on implementing all aspects of the strategic plan. Building collaborative relationships among service providers. Linking and aligning ASD planning with other planning tables, activities and initiatives at the local and the provincial levels. Communicating progress and new developments with families and the broader community. (10.1 – 10.4) 				
5. % actions (0-100%) completed.	 6. Positive impacts: Achieved Partially achieved Not achieved yet 			
Reflections: (what do we need to change or adjust?)				

Aligning with Existing and On-going Initiatives in York Region Medium-term Actions: May 1/10 – Apr. 30/11				
Goal # 1: Coordinated Access ✓ Partner with 211. (1.1) ✓ Offer web and phone access to information. (1.2) ✓ Clarify screening tool protocols. (2.3) ✓ Provide the best and most up-to-date screening tools. (2.4)				
 Goal #2: Knowledge and Awareness ✓ Provide training on screening tools (i.e. ERIK, Red Flags) to physicians. (3.2) ✓ Link physicians training initiatives with the work of the ASD Implementation Group. (3.5) ✓ Develop a Red Flags for School-age Children.(4.1) ✓ Revise the Healthy Babies/Healthy Children information to include ASD. (5.1) ✓ Develop pathways and road maps for parents who have just received a diagnosis. (5.3) 				
 Goal # 3: Continuum of Coordinated Services ✓ Provide more family resources for navigation and advocacy. (7.3) ✓ Build on Children's Treatment Network's integrated team and approach, testing ways to coordinate or reconfigure resources to deliver a single plan of care (SPOC). (7.4) ✓ Refine the funnel. (8.3) 				
7. % actions (0-100%) completed.	 8. Positive impacts: Achieved Partially achieved Not achieved yet 			
Reflections: (what do we need to change or adjust?)				

Resourcing and Organizing for Longer-term Action Strategies. Long-term Actions: May 1/10 – Apr. 30/13

Goal # 1: Coordinated Access

- ✓ Provide a directory of providers, services and programs. (1.3)
- ✓ Provide access to quick knowledge for short-term support. (1.4)
- ✓ Provide information about ASD at every point of access. (1.5)
- \checkmark Support parents when they are navigating the system. (2.1)
- ✓ Coordinate joint training for intake workers. (2.2)
- ✓ Develop crisis intervention responses and protocols. (2.5)
- ✓ Follow a system-wide, common protocol for assessment. (2.6)
- ✓ Provide school-aged assessment protocol. (2.7)

Goal #2: Knowledge and Awareness

- ✓ Provide 0-18 month development package about ASD for physicians. (3.1)
- ✓ Share information about ASD and ASD/DD at rounds. (3.3)
- ✓ Develop a map of access points and gateway agencies as a physician's resource. (3.4)
- ✓ Create an inventory of training opportunities. (4.2)
- ✓ Provide cross-sectoral working and training opportunities for service providers. (4.3)
- ✓ Provide joint parent and professional development on successful collaboration. (4.4)
- ✓ Use evidence-based knowledge to inform practices. (4.5)
- ✓ Develop a curriculum for integrated, transdisciplinary work teams. (4.6)
- ✓ Provide local resources about ASD and systems of support for families. (5.2)
- ✓ Raise awareness through media campaigns and presentations to the general public. (5.4)
- ✓ Track trends to inform system design. (6.1)
- ✓ Review other models in and outside York Region (i.e. DD, CTN). (6.2)
- ✓ Identify promising change management models. (6.3)
- ✓ Design and redesigning protocols that improve the system. (6.4)

Goal # 3: Continuum of Coordinated Services

- \checkmark Agree to a common approach for a coordinated continuum of care. (7.1)
- ✓ Inform common approaches through specialized knowledge transfer. (7.2)
- \checkmark Develop comprehensive pathways and road maps for families. (8.1)
- \checkmark Identify duplication, gaps, roles and capacity within the current system. (8.2)
- ✓ Increase the system's capacity to provide person-centred planning. (9.1)
- \checkmark Strengthen protocols and resources during transitional stages. (9.2)
- ✓ Secure funding for adult services. (9.3)

9.	% actions (0-100%) completed.	 10. Positive impacts: Achieved Partially achieved Not achieved yet
Re	flections: (what do we need to change or adjust?)	